

# AIKIBUDO-KOBUDO SEMINAR

**SENSEI PAUL PATRICK HARMANT**

**7 DAN AIKIBUDO AND 6 DAN KATORI  
SHINTO RYU IN WARSAW**



**Term:**  
**08.03.2025**  
**09.03.2025**

**Dojo adress:**  
**Warszawa-Bemowo**  
**Klub sztuk walk KIME**  
**ul. Konarskiego 4a**  
**Warsaw Poland**

## **Seminar schedule:**

### **Saturday 08.03.2025**

9.30 seminar registration  
10.00-12.30 Aikibudo  
training for everyone  
12.45-14.15 lunch break  
14.30-16.00 Kobudo  
16.00-18.00 Aikibudo  
In the evening, walk, dinner  
and conversations.

### **Sunday 09.03.2025**

9.30-12.00 Aikibudo (last hour 11.00-  
12.00 divided into groups of advanced  
beginners)  
12.15 Lunch  
14.00-15.30 Kobudo  
15.30-17.00 Aikibudo  
17.15 end of the seminar

Registration:

Email: [katori.aikibudo@gmail.com](mailto:katori.aikibudo@gmail.com)

Contact: +48 608 343 369

Cost:

€ 105 in cash

€ 95 bank transfer

Bank account: 36 1140 2004 0000 3012 1869 4038